

Leadership Pressure and Burnout

As a follow-up to our [2022 Market Research Report](#), we have interviewed leaders to gain insights on what they are doing to off-set challenges.

Princeton HR Insight's Shea Clarke interviewed Vice President of Learning & Development at Bayer, Tracey DeSilva to understand what she does to counteract burnout for herself, her team and the organization. Their interview focused on how micromanagement can add undue stress, executive coaching and mentorship can combat leadership pressure, and authentic vs manufactured connections are critical. For full spotlight article click [here](#).



Also see Jeffrey Koeppel's earlier spotlight article on [Navigating Early Career Development In Hybrid Workspaces](#).

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